

## The Many Faces of Aging



### **The Herkimer County Office for the Aging would like your opinion.**

The older adult population (age 60 & older) comprises 25% of the total population of Herkimer County. Those aged 75 and older are 12% of these seniors and they are growing in number. Many older adults are doing well and some may need some assistance. We are looking at the needs of our older adults and want your input and perspective...

This document outlines the many services that the Office for the Aging provides. The money we receive to pay for these services comes from either New York State or the federal government and is very restricted on what can be provided. During COVID we did see an influx of funds but most of the funds expired in 2023.

*What worries you the most about our senior citizens? What services do you think are the most important for seniors? Are there services that you think should be changed, discontinued or added. If so, why?*

Please consider attending one of our public hearings on:

**Thursday, 12/12/2024, 12pm-2:30pm @ Town of German Flatts Community Center 555 State Route 5S Mohawk**

**Friday, 12/6/2024, 12 to 2:30pm @ the Old Forge Library 220 Crosby Blvd. Old Forge. LUNCH WILL BE PROVIDED AT BOTH EVENTS.**

(Free parking; handicapped accessible; If you need **any** special accommodations such as translation services or documents with larger print please let us know 3 business days prior to the meeting)

**or write and give us your opinion; you can mail comments to: Herkimer County OFA, 109 Mary Street, Suite 1101, Herkimer NY 13350 or email to: [hcofa@herkimercounty.org](mailto:hcofa@herkimercounty.org)**

**The MISSION** the Herkimer County Office for the Aging is to provide a range of supportive services to older adults and their families. **OUR GOAL** is to assist older



adults to remain in their homes for as long as possible. All those served will be treated with respect and dignity. Those in greatest economic or social need are given priority.

**SERVICES PROVIDED**

**Nutrition Services and Meals on Wheels**

The Office provides **home delivered meals** to many areas of the County. We also offer **congregate dining** at five locations: Dolgeville, Little Falls, Herkimer, Ilion, & West Winfield. All home delivered meals are based on need. There are no income requirements for home delivered or congregate meals. A suggested donation of \$3.00 is requested for each meal.

In addition to meals, we offer **nutrition education and counseling**. A Registered Dietitian assists seniors and family members with diet changes and restrictions. Our monthly *Nutrition News* is on our website at [www.herkimercounty.org](http://www.herkimercounty.org).

**Farmer Market Coupons**

We distribute Farmer Market Coupons every summer. To receive the Coupons, Older adults must meet income guidelines. Coupons can be used at participating Farmers Markets to purchase locally grown vegetables & fruits.

**In-Home Services** Assisting older adults to remain in their homes includes helping with such things as bathing, housekeeping, and shopping. These programs serve older adults

Last year nearly 85,036 meals were served to 574 people.

890 Farmer Market Coupons

9,584 hours of aide service was provided to clients.

whose incomes are above the Medicaid levels.

**HEAP (Home Energy Assistance Program)**

Provides low-income households with financial assistance for heating costs. We process HEAP applications for senior citizens.

During the 2022-2023 HEAP program, we processed 1,609 HEAP applications.

**Transportation** The Office provides transportation within Herkimer County and has wheelchair accessible vans available. Advance reservations are necessary because of the high demand for rides. Donations help to fill the gas tank and pay for the drivers and van repairs.

We provided 198 seniors with 6,112 rides

**NY Connects- Information, Referral & Public Information**

Needing to know where to get help is vitally important to older adults and their families. Getting information to people takes place in many ways: answering direct questions, press releases, local TV shows, distribution of information to senior clubs & clients, public speaking, newspaper advertising, pamphlet racks, our web site, and our newsletter, *Sharing the Spirit*, which we publish jointly with RSVP.

Over 11,962 information & assistance requests were

### Health Insurance Information, Counseling, & Assistance Program (HIICAP, pronounced “hi-cap”)

This program assists older adults with health insurance issues on an individual basis. Catholic Charities operates this program for us.

**HIICAP handled 1,928 requests for assistance**

### NY Connects

NY Connects is the phone number in Herkimer County to get information & assistance to make informed decisions about long term care for someone of **any** age, disabled children, adults & seniors. See our NY Connects website

**We provided Information & Assistance to 2,050 people.**

### Job Pool

The Job Pool provides names of people you can privately hire for many types of assistance. We provide names of people for hire; the OFA does not pay for the hire.

**480 seniors requested a Job Pool listing.**

### Legal Services

We have a contract with the Legal Aid Society to provide legal assistance to seniors. The majority of their assistance involves such things as wills, Power of Attorney, real property mat-

**74 seniors Received 192 hours of legal services**

ters, credit issues, etc.

### Recreation

The Office participates in the planning and hosting of the Herkimer County Senior Picnic and other activities and 350 people attended.

### Caregiver Assistance

This program provides support to people who are caring for someone who needs assistance with bathing, dressing, toileting, eating, mobility, transferring or personal hygiene. Caregivers are provided information about services, individual counseling and respite. Respite involves having an aide from a licensed agency come into the home to care for the person so the caregiver gets a break. Overnight (or longer) respite is available through a temporary placement at a nursing home.

Many books on the topic of care giving are available at the public libraries. Also, caregivers receive a monthly Caregivers Newsletter; this newsletter is also available at our website.

**1,404 hours of respite were provided.**  
**101 People received the Caregiver Newsletter.**

**Health Promotion–**

The Office for the Aging provides Evidenced Based Health promotion by providing Tai Chi classes throughout Herkimer County.

**2 Tai Chi Classes  
were held in 2023  
269 units of service**

***2024 Budget Summary***

*The budget figures listed are based on the most recently completed grant program years. Some of these grants operate on the calendar year, others the state fiscal year of April 2023—March 2024 and still others are different from those! Since not all funding streams use the same budget year, amounts are estimates only. Revenues include federal or state funds as well as client donations received. The difference between expenditures and revenues is our County’s contribution, which was just over \$557,302 for 2024.*

*The following page lists each funding stream, the source of the funding, and what it is used to pay for.*

*Please note that the info listed in this document regarding the number of seniors served and amount of service provided are for the time period of January 1, 2023 to December 31, 2023 unless otherwise*

<i>Funding</i>	<i>Expenditures</i>	<i>Revenues</i>
IIIB	\$245,048	\$90,812
IIID	\$13,510	\$12,159
AAA Trans	\$5,600	\$5,600
C1	\$101,526	\$52,589
CSE	\$307,121	\$170,878
EISEP	\$332,348	\$216,079
CII	\$208,136	\$182,088
SNAP	\$350,657	\$294,417
HEAP	\$85,367	\$85,367
MIPPA	\$15,500	\$15,500
HIICAP	\$39,000	\$39,000
NY Con-nects EE	\$308,407	\$308,407
Alz CSI	\$15,400	\$15,400
IIIE	\$58,794	\$58,794
Unmet Needs	\$180,963	\$180,963
ARP- PHC6	\$5,264	\$5,264
<b>Totals</b>	<b>\$2,272,641</b>	<b>\$1,715,339</b>

This chart lists the names of budgetary funding streams, the source of the funding, and what it pays for.

Account	Name	Description
A-6772	IIB	Federal grant, part of the Older Americans Act. Mostly 90/10 match with some 75/25. <b>January-December</b>
		Covers transportation (operating costs of vans such as fuel, repairs, drivers, etc.), the Companion-Homemaker program, and much of the general office expenses. Due to constraints of billing in the mail room, most postage is included in this budget and then back-charged to other programs for reimbursement purposes.
A-6772A	IIID	Federal grant, part of the Older Americans Act; 90/10 match. <b>January - December program year.</b>
		This program is for Health Promotion and medication management. We subcontract to Catholic Charities as part of the HIICAP program.
A-6772D		Webb Transportation - 100% local funding; <b>January-December program year.</b>
		Provides assistance to the Community Transportation Service (CTS) in the Town of Webb. CTS is an all volunteer transportation service offering transportation for medical and other needs, including trips locally and to Utica, Syracuse, etc.
A-6772C	AAA	Transportation - 100% State Funds; <b>April-March funding year</b>
		This is funding stream is specifically for transportation services; we use it to offset fuel & repair costs for the vans. 100% funding from NYS.
A-6774	CI	Federal funds; part of the Older Americans Act. 90/10. <b>January - December program year.</b>
		This program is for congregate meals, where seniors get together at meal sites and eat. We have 5 meals sites funded under this stream, all sites are at senior housing facilities: Dolgeville, Little Falls, Herkimer, & Ilion (our 5th site is at West Winfield and is funded by CSE.) A "Meal Site Manager" is at each site. Meals are brought to sites in bulk form and Meals-on-Wheels are packaged up, then congregate diners are served.
A-6775	CSE	State funding; \$20,000 of 100% funding, balance is 75/25. CSE stands for "Community Services for the Elderly" <b>April to March program year</b>
		This program funds our congregate and Meals-on-Wheels. It also covers some general office expenses.
A-6775A	EISEP	State funding; \$20,000 of 100% funding, balance is 75/25. EISEP stands for Expanded In-home Services for the Elderly Program. <b>April - March program year.</b>
		EISEP provides case management and aide services for housekeeping & personal care to clients whose income is above the Medicaid level; there is a sliding fee scale based on clients income. We subcontract the case management to the Alternatives to Long Term Care Unit housed in DSS, and the aide service to At Home Care, Superior, and, for the Town of Webb, HASCA.
A-6776	CII	Federal funds, part of the Older Americans Act. 90-10 funding. <b>January-December program year.</b>
		Provides funding for Meals-on-Wheels.
A-6776A	SNAP	State funds; 100%; <b>April - March program year.</b>
		Provides funding for Meals-on-Wheels.
A-6777	HEAP	100% funds. The OFA is a subcontractor of DSS. <b>August - July program year.</b>
		As a subcontractor of DSS, we process HEAP applications for senior citizens and Code A SSI clients.

A-6780	HII-CAP	Health Insurance Information, Counseling & Assistance Program. 100% funds; April-March funding yr.
		This program is subcontracted out to Catholic Charities. They provide assistance with health insurance issues.
A-6780B	MIPPA	Medicare Improvement Patient Protection Act-100% funding- September 30- September 29
		This program is used to provide assistance with health insurance issues. The program increase outreach to people with Medicare especially those with limited incomes.
A-6783	IIIE	Caregiver Program; federal funds, part of Older Americans Act; 75/25 January - December program year.
		Provides respite, information & assistance, training & support to caregivers. We contract with Superior, HASCA (Old Forge), RCIL (Old Forge day care) and Folts Homes for respite services.
A-6786A	BIP/ NY Connects EE	State Funding- Formerly known as Balancing Incentive Program- April-March 31
		Provides funds to enhance the NY Connects network. These funds will be used to assist with creating a No Wrong Door system in New York State. NY Connects will provide Information and Assistance to individuals of all ages. NY Connects will assist Medicaid and Medicaid eligible individuals to obtain the necessary in home services so that they can remain in the community.
A-6786B	Alz. CSI	Alzheimer's Caregiver Support Program January - December program year.
		This is funding for respite services that is reimbursed by the Alzheimer's Association.
A-6786C	Unmet Needs	This funding allows additional funds to assist with the waiting lists for services. The funding is state funding with no local match. April to March 31
		This is a federal funding due to COVID-19 that will be used for Home Delivered Meals.
A-6772K	ARP-PHC6	The American Rescue Plan- Health Promotion Program ends 9/30/2024
		This is a federal funding due to COVID-19 that will be used to provide health promotion services.

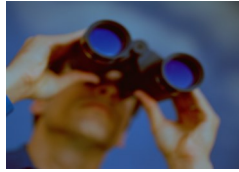


Looking for more information?

Visit our website!

<http://herkimercountyny.gov>

then 'Departments'  
then 'Office for the Aging'



The OFA produces a 4-Year Plan that outlines data and other information regarding the 60 years an older population in Herkimer County. A 4-Year Plan for the period of April 2024 through March 2028 was submitted in November of 2024. Information gathered through this public hearing process was included in this plan. For a copy of the current 4-Year Plan, please see our web site or call/write for a copy to be mailed to you.

Please consider sharing your thoughts by either attending one of our Public Hearings Thursday, 12/12/2024, 12pm-2:30pm @ Town of German Flatts Community Center 555 State Route 5S Mohawk

Friday, 12/6/2024, 12 to 2:30pm @ the Old Forge Library 220 Crosby Blvd. Old Forge or (free parking at both places) or writing to us at OFA, 109 Mary St. Suite 1101, Herkimer, NY 13350 or email at [hcofa@herkimercounty.org](mailto:hcofa@herkimercounty.org)

*What worries you the most about our senior citizens?*

*What services do you think are the most important for seniors?*

*Are there services that you think should be changed, discontinued or added? If so, why?*

*Other comments:*



**NY Connects**  
Your Link to Long Term  
Services and Supports

of **HERKIMER COUNTY**

**(800) 342-9871**

**(315) 867-1121**